GET INTO THE ACTION! JOIN THE





- **Step 1:** Get your California Speedway/NASCAR Pedometer at www.californiaspeedway.com
- Step 2: Log on to www.kidsfitnesschallenge.com and sign up!
- Step 3: Get your family and friends to sign up! The top participating school will win a free school garden kit courtesy of Western Growers
- Step 4: Keep track of your steps starting Oct. 2
- Step 5: Reach the goal by Feb. 15 and you have the chance to win cool stuff including Special California Speedway Recognition!



Get Active, Get Healthy, and get into the action by joining the California Speedway 500 today! You can purchase your California Speedway/NASCAR Pedometer at www. californiaspeedway.com. Proceeds benefit the Fitness Challenge Foundation. Please go to kidsfitnesschallenge.com to sign up and find more information. Please join us in spring 2007 at the Kids Fitness Challenge at California Speedway.

It is always important to consult your physician before starting an exercise program.